

## The Buddy Walk Supports Programs

**We contribute** to National Down Syndrome Society to continue education, research, and advocacy.

**We greet new families.** Genetic counselors refer parents to us by phone and we are called as babies are born. Our support team members greet new families as new friends in the hospitals with Hope Baskets, flowers, and lots of love.

**We host seminars to educate and support parents, in addition to, our Monthly Parents' Meeting.** Topics are based on current research and practices, and the needs of families.

**We mentor** seniors from Cardinal Newman High School in their CBSL projects by helping them teach dance and exercise classes for inclusive and fun after school activities.

**We offer inclusive bowling parties, parent dinners, and teen dances** to family members and friends to celebrate ongoing support.

**Contact us to speak to your organization!**

**[Diane Hobough, dihobaugh@sbcglobal.net](mailto:dihobaugh@sbcglobal.net)**

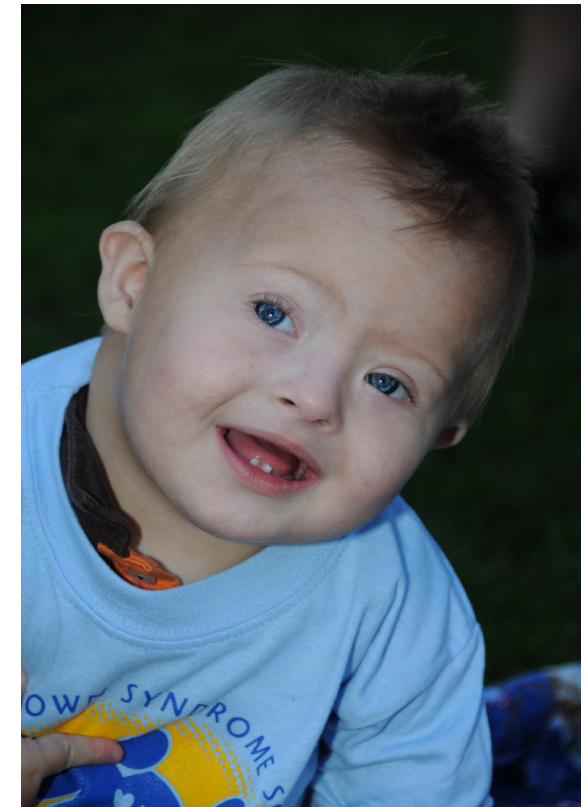


Website information and forms:  
[www.sonomacountydownsyndromesupport.org](http://www.sonomacountydownsyndromesupport.org)  
Follow us on  Facebook

Sonoma County Down Syndrome Support  
PMB #143  
52 Mission Circle  
Santa Rosa, CA 95409



## 7th Annual Sonoma County NDSS Buddy Walk September 24, 2011



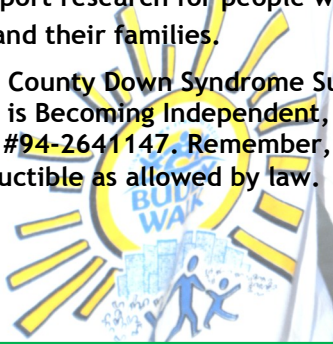
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Enjoy a celebration with Sonoma County Down Syndrome Support!

7th Annual Buddy Walk...Italian Festa A moiré. The Buddy Walk brings the community together and renews the financial support we need to do our work throughout the year. We are an affiliate of National Down Syndrome Society, managed entirely by volunteers, working hard to assist genetic counselors and new parents as they first hear news about Down syndrome during pregnancy, after the birth of their child, and throughout life. We share informational presentations, small group sessions for new parents, and social occasions that focus on family participation. We serve to promote advocacy, raise awareness, further educational pursuits, and support research for people with Down syndrome and their families.

Sonoma County Down Syndrome Support's fiscal sponsor is **Becoming Independent**, 501 (c) (3), tax I.D. #94-2641147. Remember, donations are tax deductible as allowed by law.



The Buddy Walk® was developed by the National Down Syndrome Society in 1995 to celebrate Down Syndrome Awareness Month in October and to promote acceptance and inclusion of people with Down syndrome. The Buddy Walk has grown from 17 walks in 1995 to nearly 300 walks planned for 2011 worldwide. In 2010, more than \$11.2 million was raised nationwide to benefit local programs and services, as well as the national advocacy and public awareness initiatives of NDSS that benefit all individuals with Down syndrome.

The 7th Annual Sonoma County Down Syndrome Support Buddy Walk is a scenic one-mile walk in beautiful Howarth Park, Santa Rosa, CA.

**Saturday, September 24<sup>th</sup>, 2011**

Your registration includes a lunch provided by the Union Hotel Restaurant, Occidental. Enjoy entertaining games, a Resource Fair of non-profits, and a Talent Show featuring our children with Down syndrome. (T-shirts cost an additional \$5.00)

Registration begins: 9:00 a.m.

Motorcycle Run begins: 10:00 a.m.

Walk begins: 11:00 a.m.

Lunch is served at noon

Talent Show follows lunch

John Busick, Chairperson

[bwchair@gmail.com](mailto:bwchair@gmail.com)

Gloria Huerta, Publicity

[gloriaphuerta@yahoo.com](mailto:gloriaphuerta@yahoo.com)

Reina Salinas, Registration

[salinas95492@yahoo.com](mailto:salinas95492@yahoo.com)

Maria Geary, Volunteers

[gearyhouse@att.net](mailto:gearyhouse@att.net)

Alex Perez, Motorcycle Run

[dominick3997@yahoo.com](mailto:dominick3997@yahoo.com)

**Payable to: Sonoma County Down Syndrome Support / Becoming Independent**

*\*Only early registration guarantees t-shirt size*

<i>Quantity</i>	<i>Amount</i>
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<i>Add \$5.00 to order</i>		
<i>Adult (\$12 by August 26th... \$15 day of event)</i>	_____	\$ _____
<i>Child (\$10) (12 yrs. and under)</i>	_____	\$ _____
<i>**Volunteer (\$10 work 4 hrs.)</i>	_____	\$ _____

*\*\*Volunteers must be registered by September 2, 2011. Attend Volunteer Orientation on Monday, Sept. 19th. Provide phone and email below.*

*I would like to make a donation in the event I am unable to attend the walk.*

\$ \_\_\_\_\_

*(example: 2 YS youth small)*  
T-shirt size *youth* \_\_\_\_\_ or *adult* \_\_\_\_\_

Family Name \_\_\_\_\_  
Address \_\_\_\_\_

Phone \_\_\_\_\_  
Email \_\_\_\_\_

**Cash**      \$ \_\_\_\_\_ *\*add \$5. per t-shirt*

**Check #**  
 \_\_\_\_\_      Total \$ \_\_\_\_\_

**WAIVER AND RELEASE OF LIABILITY**

I hereby waive all claims against volunteers of Sonoma County Down Syndrome Support, our fiscal sponsor, Becoming Independent, Buddy Walk sponsors, or any personnel for any injury or loss I might suffer by participating in or as a result of this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of me and/or quotations from me in legitimate accounts and promotions of this event.

Print name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

